

# NOEX

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### We welcome you to participate in the ultimate event for cruising catamarans!

**Catamarans**cup is an international regatta for cruising catamarans. A unique event which combines a sailing race and a relaxing holiday week in the Greek islands, with many side events such as special welcome on every island of call, local events, award ceremonies, cocktail parties, beach BB-Q, dinners and a lot of fun.

The 6th **Catamarans**cup International regatta is planned for the last week of October 2015. Starting from Athens, the regatta will visit the Greek islands following a relaxing and enjoyable route, having also time to explore places of interest.

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## Choose your cat!

Cab/WC

4+2/5

5+2/6

5+2/6

5+2/6

4+2/4

4+2/5

4+2/4

4+4/4 4+2/4

4+2/5

4+2/4 4+2/4 4+2/3 4+1/5 4+2/4 4+2/2 4+2/4 4+2/2-4 4+2/2 4+2/2 4+2/2 4+2/2

Catamaran type	<b>LOA</b> (m)	Built year
Lagoon 620 (with crew)	18,90	2011
Lagoon 560 (with crew)	17,07	2014
Lagoon 52 (with crew)	15,84	13/15
Lagoon 500 (with crew)	15,51	06/09
Salina 48	14,30	2008
Lagoon 470 (with crew)	14,50	2004
Nautitech 47	14,30	06/09
Bahia 46	14,05	2002
Lagoon 450	13,96	2011
Lagoon 440	13,60	06/09
Nautitech 441	13,47	2011
Nautitech 44	13,47	07/09
Belize 43	13,00	2001
Lagoon 420	12,61	07/09
Lagoon 400	11,97	2010
Nautitech 40	11,98	2006
Nautitech 40	11,98	2011
Lagoon 39	11,74	13/15
Lagoon 380/S2	11,98	08/15
Lagoon 380	111,50	02/07
Broadblue 385		2008
Athena 38	11,60	01/02

Visit catamaranscup.com & fill in the Entry form

### 2 ways to participate:

**With your own crew**. Charter a catamaran from our large fleet & get set!

**D** Join one of our open crews as crewmember. No experience is needed.

02





### Route map

SUNDAY **25 OCT** '15 1st LEG: **ALIMOS > POROS** 

MONDAY 26 OCT '15 2nd LEG: POROS > ERMIONI

TUESDAY 27 OCT '15 3rd LEG: ERMIONI > LEONIDION

WEDNESDAY **28 OCT** '15 4th LEG: LEONIDION > NAFPLION

THURSDAY **29 OCT** '15 OPTIONAL STOP TO **SPETSES / HYDRA** 

> FRIDAY **30 OCT** '15 FREE SAILING TO **ATHENS**

> > 03



Poros island

Mann

MORE ABOUT POROS

SUN 25 Abound with pine trees that reach the rugged shores or the sandybeaches, Poros has inspired with its beauty many people, including the Greek nobelist Giorgos Seferis and the American writer Henry Miller.

Along the pier there are plenty of cafeterias, restaurants, little taverns, tourist shops, many bars and discos with foreign & Greek music. Poros, with its traditional local color & modern facilities is an ideal holiday resort.

II /III III /II II



Total and A line





In a unique location opposite the island of Dokos and close to Hydra and Spetses, Ermioni is one of the most popular destinations in the Saronic Gulf. An ideal resort for short escapes from the city.

The beautiful coastal town, or a city-island like is been characterised, combines the serenity of island atmosphere with modern amenities, while maintaining unchanged the traditional character and natural beauty. In traditional tavernas you can enjoy wine or ouzo with fresh delicacies. The cafes and bars offer lively entertainment until dawn.





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Leonidion is a lively and colourful town, especially in the summer months, as a result of being increasingly popular with tourists.

The old town of Plaka has remained in tact as it has been for centuries and is still the port of Leonidio. Once a busy trading port, today it is a tourist attraction and supply port for yachts, offering water, fuel and food supplies. A small fishing fleet is also based there with proud locall fishermen. The beach spans 4km along the coast and the old town has a number of taverns and bars by the sea shore.









WED Nafplion D MORE ABOUT NAFPLION Is widely known as the historical jewel of the Peloponnese. Located on the north end of the Argolic gulf enjoys a very sunny and mild climate.

Nafplion attracts a huge number of tourists not just because of its magical atmosphere but also for the plenty of activities, the sightseeing and the rich entertainment that offers.









\*Optional stop

The island is blessed with many beaches and pine forests that reach the sea. Tourist facilities are well developed offering all the modern comforts, but also a sense of family hospitality.

The horse drawn carriages are ideal for a romantic rides or as means of transportation, as the use of private owned cars is forbidden. The quietness of the day is followed by the intense pace of the night entertainment, with a great variety of Greek and foreign music.







#### A cosmopolitan and magnificent island, where tranquility and relaxation is combined with an intensive night life.

The impressive town is built amphitheatrically around the port and its main characteristic is that there are no wheeled vehicles allowed and the only means of transport is by donkey or on foot. Enjoy authentic and traditional food at the tavernas & restaurants, romantic walks in the narrow paved alleys or dance yourself out till the morning in the numerous bars, pubs & clubs.



\*Optional stop





FRI 30

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Athens Alimos D MORE ABOUT ATHENS Athens welcomes you once again and invites you to enjoy a short tour among the numerous places of interest & beauty.

Have a ride along the coastline, from Piraeus to Cape Sounion, or visit the historical center and the modern museum of Acropolis. Whatever you decide to do the Greek capital will surely amaze you.



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# Competitions



### Each crew shall prepare and present one or more dishes to the rest of the fleet, during the award ceremony.

Dishes shall be cooked by the crew on board their boat from "scratch". Dishes will be evaluated by the competitors and will be judged considering taste, appearance, presentation and originality. A prize will be awarded to the "Best Dish".



### Each crew will have maximum of 5' to present itself to the rest of the fleet.

There may be one entry per boat. Presentations will be evaluated by the competitors and will be judged considering appearance, presentation and originality. Prizes will be awarded to the "Best Presentation".



### Get the best photo shots you can during the regatta and claim the first prize!

The photos will be evaluated by the competitors and the winning entry will be judged to be the most visually appealing or original or impressive or selfexplanatory shot of the race, the catamarans, the crews and the sailing area.

More infos about conditions of participation on www.catamaranscup.com

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ORGANIZED BY



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